



Product Catalogue 2021

Selection of Gluten, Dairy, Nut, Egg, Soy, Grain Free, Raw, Paleo, Vegan Friendly Cakes, Cheesecakes, Donuts, Muffins, Sausage Rolls and Slices



www.munchees.com.au

email: sales@munchees.com.au

phone: 04 4927 8222 or 07 3216 9685

Cakes



**Banana & Cream Cheese
Individual Cakes**
Gluten & Nut Free
Box of 12

L7xW7xH5.5cm (approx 110g)

Code: gf4u001 \$2.66 per cake



**Rhubarb & Apple
Individual Cakes**
Gluten & Nut Free
Box of 12

L8xW8xH4cm (approx 100g)

Code: gf4u002 \$2.66 per cake



Sticky Date Pudding Individual Cakes
Gluten & Nut Free
Box of 12

L7xW7xH5.5cm (approx 130g)

Code: gf4u003 \$2.74 per cake



**White Choc & Raspberry
Individual Cakes**
Gluten & Nut Free
Box of 12

L7.5xW7.5xH6cm (approx 110gm)

Code: gf4u007 \$2.74 per cake



**Carrot
Individual Cakes**
Gluten Free
Box of 12

L6xW6xH7cm (approx 110g)

Code: gfmd015 \$2.66 per cake



**Chocolate Orange Valencia
Individual Cakes**
Gluten & Dairy Free
Box of 12

L6xW6xH6cm (approx 110g)

Code: gfmd016 \$2.66 per cake



**Orange Valencia
Individual Cakes**
Gluten & Dairy Free
Box of 12

L6xW6xH6cm (approx 110g)

Code: gfm017 \$2.66 per cake



**Chocolate Ganache
Individual Mudcakes**
Gluten Free
Box of 12

L6xW6xH9cm (approx 120g)

Code: gfm018 \$2.77 per cake



**Vegan Chocolate
Individual Mudcakes**
Dairy & Egg Free (contains gluten)
Box of 12

L6xW6xH8.5cm (approx 120g)

Code: gfm019 \$2.66 per cake

Cheesecakes



Baked Irish Cream Individual Cheesecakes

Gluten Free
Box of 12

L6xW6xH8.5cm (approx 140g)

Code: gfm031 \$2.91 per cake



Baked Berry Individual Cheesecakes

Gluten Free
Box of 12

L6xW6xH5.5cm (approx 140g)

Code: gfm032 \$2.91 per cake



Baked Mango Gingernut Individual Cheesecakes

Gluten Free
Box of 12

L6xW6xH5.5cm (approx 140g)

Code: gfm033 \$2.91 per cake



Baked Coconut Lime Individual Cheesecakes

Gluten Free
Box of 12

L6xW6xH5.5cm (approx 140g)

Code: gfm035 \$2.91 per cake

Savouries



Savoury Vegan Scroll

Gluten, Dairy, Egg, Soy & Nut Free
Box of 6

(approx 140g)

Code: gfm140 \$2.98 per scroll



Sausage Rolls

Gluten, Dairy, Yeast & Nut Free
Pack of 4

Code: gf4u122 \$2.44 per roll

Muffins



Spinach & Feta Muffins

Gluten & Nut Free

Box of 6

L9xW9xH8cm (approx 180g)

Code: gf4u102 \$3.26 per muffin



Cheese & Bacon Muffins

Gluten & Nut Free

Box of 6

L9xW9xH8cm (approx 180g)

Code: gf4u100 \$3.26 per muffin



Zucchini, Sweet Potato & Relish Muffins

Gluten Free

Box of 6

L8xW8xH7 (approx 170g)

Code: gflm109 \$3.26 per muffin



Bramble Banana Muffins

Gluten Free

Box of 6

L8xW8xH7cm (approx 170g)

Code: gflm108 \$3.26 per muffin



Blueberry Muffins

Gluten, Dairy, Yeast, Soy & Nut Free

Box of 6

L9xW9xH8cm (approx 180g)

Code: gf4u103 \$3.26 per muffin



Orange & Poppyseed Muffins

Gluten, Dairy, Yeast, Soy & Nut Free

Box of 6

L9xW9xH8cm (approx 180g)

Code: gf4u104 \$3.26 per muffin



Chocolate Chip Muffins

Gluten, Yeast & Nut Free

Box of 6

L9xW9xH8cm (approx 180g)

Code: gf4u105 \$3.26 per muffin

Sweets/Loaves



Mixed Box Macarons

Gluten Free

Box of 24

L4.5xW4.5xH2cm (approx 25g)

Pineapple Lump/Strawberries & Cream/
Pistachio/Turkish Delight

Code: gfja01 \$1.90 per macaron



Vegan Cinnamon Donuts

Gluten, Dairy, Egg Yeast & Nut Free

Box of 12

L8xW8xH3cm (approx 60g)

Code: gfhd01 \$1.91 per donut



GF4U Banana Bread

Gluten, Dairy, Yeast, Soy & Nut Free

1kg uncut loaf

Code: gf4u062 \$17.61 per loaf



Choc Lamingtons

Gluten, Dairy, Soy & Nut Free

Box of 12

L7xW6xH4.5cm (approx 100g)

Code: gfm150 \$2.95 per cake

Raw Individual Cupcakes & Large Cakes



Raw Snickers

Gluten, Dairy & Grain Free & Vegan

Box of 6

L5.5xW5.5xH4cm (approx 90g)

Code: gfa110 \$3.99 per cupcake



Turkish Delight Choc

Gluten, Dairy & Grain Free & Vegan

Box of 6

L5.5xW5.5xH3.5cm (approx 85g)

Code: gfa111 \$3.99 per cupcake



White Choc & Fresh Blueberry

Gluten, Dairy & Grain Free & Vegan

Box of 6

L5.5xW5.5xH5.5cm (approx 90g)

Code: gfa100 \$3.99 per cupcake



Key Lime

Gluten & Dairy Free, Paleo & Vegan

Box of 6

L5.5xW5.5xH6cm (approx 95g)

Code: gfa105 \$3.99 per cupcake

10" (25.4cm) Large Cakes – CUT 16 pieces

\$4.75 per piece Price based on cake cut into 16 pieces Size per piece – L12.5 x W5cm



Snickers & Choc Mousse
Gluten, Dairy Free & Vegan
Approx 2.2kg H4.5



Key Lime
Gluten, Dairy Free & Vegan
Approx 1.9kg. H4cm



Salted Caramel
Gluten, Dairy Free & Vegan
Approx 1.8kg. H3.5cm

Slices



GF4U Choc Brownie
 Gluten, Dairy, Yeast, Soy & Nut Free
 Box of 21
 L9xW4cm

Code: gf4u162 \$2.02 per slice



Vegan Brownie
 Gluten Free
 Box of 12

L6.5xW5.5xH3cm (approx 90g)
 Code: gfbb13 \$2.24 per slice



Choc Cherry Brownie
 Gluten Free
 Box of 12

L6.5xW5.5xH3cm (approx 90g)
 Code: gfbb09 \$2.08 per slice



Choc Brownie
 Gluten Free
 Box of 12

L6.5xW5.5xH3cm (approx 90g)
 Code: gfbb10 \$2.08 per slice



Triple Choc Brownie
 Gluten Free
 Box of 12

L6.5xW5.5xH3cm (approx 90g)
 Code: gfbb11 \$2.08 per slice



Choc Mint Brownie
 Gluten Free
 Box of 12

L8.5xW4.5xH3.5cm (approx 120g)
 Code: gfomg6 \$3.81 per slice



White Choc Pistachio & Cranberry Slice

Gluten Free

Box of 12

L8.5xW4.5xH3cm (approx 125g)

Code: gfomg1 \$4.00 per slice



Choc Macca Slice

Gluten Free

Box of 12

L9xW4.5xH3cm (approx 110g)

Code: gfomg5 \$3.81 per slice



Toffee Pecan Slice

Gluten Free

Box of 12

L8.5xW4.5xH3cm

Code: gfomg7 \$3.81 per slice



White Choc Caramel Slice

Gluten Free

Box of 8

L10xW3.5xH2.5cm (approx 120g)

Code: gfmd181 \$1.97 per slice



Caramel Slice

Gluten & Nut Free

Box of 21

L9xW4xH3cm

Code: gf4u167 \$2.37 per slice



Lemon Slice

Gluten & Nut Free

Box of 21

L9xW4xH3cm

Code: gf4u168 \$2.37 per slice



Vegan Peppermint Slice
Gluten, Dairy, Egg & Nut Free
Box of 21
L9xW4cm

Code: gf4u163 \$2.49 per slice



Vegan Cherry Slice
Gluten, Dairy, Egg & Nut Free
Box of 21
L9xW4cm

Code: gf4u166 \$2.49 per slice



Apple Crumble Slice
Gluten Free
Box of 15
L6xW6xH4cm (approx. 120g)

Code: gflm115 \$3.04 per slice